

Saline Rowing Captain Application

Name: _____ Grade: _____

Season are you applying to be a captain for: _____

Most Recent Varsity Races you competed in: _____

List of volunteer hours/duties completed: _____

What goal tracking system do you currently use? _____

How do you utilize this goal tracking system? _____

How do you show leadership with your words on this team? _____

How do you show leadership with your actions on this team? _____

Why do you want to become a captain? What qualities do you have that you feel would make you a good captain? _____

In order to be considered for Captain, the following requirements are mandatory: *Junior or Senior student, ZERO unexcused absences, Utilization of your Goal Book or Goal Tracking System- (please submit documentation of this with your application), Documented Volunteer Hours (Rent A Rower, Volunteer Opportunities, etc.), Raced at least 1 Varsity Race, Leadership Qualities (shown with words and actions)*