

JOIN SALINE'S ROWING TEAM!



**Sign Up
NOW with
Community
ED**

MIDDLE SCHOOL ROWING!

ABOUT US

Our medal-winning team wants YOU to help contribute to our legacy of success! Experience the incredible sport of rowing. We are a Co-Ed team that works hard & has fun! All students 6-8th Grade and all athletic abilities welcome!

WHY JOIN??

- Full body workout
- Low impact
- Gain confidence
- Meet new friends
- Try a new sport!
- Everyone Shines

**Spring Meeting
Feb. 26th SHS
Commons 6pm**



CONTACT US

www.salinerowing.org

@SalineRowing  

Coaches: Elise Shauf, Molly Visel,
Sean Connors and Abby Goodwin
Email: coach@salinerowing.org

WANT TO KNOW MORE?

SALINE MS CREW SPRING



WHY TRY ROWING AS A NEW SPORT?



FOR PARENTS-- WHAT ARE THE BENEFITS OF ATHLETES ROWING?



BOATHOUSE LOCATION - WE SHARE WITH EMU WOMEN'S ROWING

**MS
PRACTICE
SCHEDULE**

**TIME
4:15-6 PM**

MARCH 10-14 (M-F) – INDOORS AT HS GYM
MARCH 15TH - ERGATTA (OPTIONAL)
MARCH 17-21 (M-F) – INDOORS AT HS GYM
NO PRACTICE SPRING BREAK WEEK
NO PRACTICE WEEK OF MARCH 31ST
APRIL 7-11 – T, TH, F – BOATHOUSE
APRIL 14-18– T, TH, F – BOATHOUSE
APRIL 21-25 – T, TH, F – BOATHOUSE
APRIL 28- MAY 2 – T, TH, F – BOATHOUSE